



MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST:					
MILK		MILK	MILK	MILK	MILK
FRUIT/VEGETABLE	CHEF CHOICE	MANADIRAN ORANGES	MIXED BERRIES	BANANA	APPLESLICES
GRAIN/MEAT		WG CEREAL	WG PANCAKES	WG MUFFIN	WG CEREAL
EXTRA					
LUNCH:					
	CHEF CHOICE	TACO TUESDAY	CHICKEN SALAD	FISH STICKS	BREAKFAST SAMMY
MILK		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
FRUIT/VEGETABLE		PINEAPPLE	PEARS	STRAWBERRIES	FRUIT CUP
VEGETABLE		LETTUCE	CUCUMBERS	CORN	SWEET POTATO FRIES
GRAIN		WG TORTILLA	WG CROISSANT		WG ENGLISH MUFFIN
MEAT/MEAT ALTERNATIVE	CHEF CHOICE	TURKEY CRUMBLES	CHICKEN SALAD	FISH STICKS	TURKEY SAUSAGE
EXTRA		MOZZARELLA CHEESE			
CHICK		VEGGIE CUBES	CHICKPEAS	VEGGIE NUGGETS	
SNACK:					
MILK		WATER	WATER	WATER	WATER
FRUIT		BANANA			
VEGETABLE	CHEF CHOICE		SALSA		
GRAIN		SWEET POTATO CRACKERS	WG TORTILLA CHIPS	WG ANIMAL CRACKERS	WG CHEEZ-IT
PROTEIN/EXTRA				YOGURT	



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BREAKFAST:					
MILK	MILK	MILK	MILK	MILK	MILK
FRUIT/VEGETABLE	APPLESAUCE	BLUEBERRIES	BANANA	PEACHES	APPLESLICES
GRAIN/MEAT	WG CEREAL BAR	WG FRENCH TOAST	YOGURT	WG CEREAL	WG LOAF
EXTRA			GRANOLA		
LUNCH:					
	CHICKEN NUGGETS	PIEROGIES	CORN DOGS	TURKEY BURGER	PIZZA
MILK	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
FRUIT/VEGETABLE	PINEAPPLES	PEARS	FRUIT CUPS	BANANA	STRAWBERRIES
VEGETABLE	DICED CARROTS	CORN	MIXED VEGGIES	FRIES	SALAD
GRAIN				WG BUN	
MEAT/MEAT ALTERNATIVE	CHICKEN NUGGETS	PIEROGIES	CORN DOGS	TURKEY BURGER	CHEESE PIZZA
EXTRA					
VEGETARIAN OPTION	VEGGIE NUGGETS	PIEROGIES	SUNBUTTER W/JELLY SANDWHICH	VEGGIE PATTY	CHEESE PIZZA
SNACK:					
MILK	WATER	WATER	WATER	WATER	WATER
FRUIT		APPLESLICES		FRUIT CUPS	BANANA
VEGETABLE			BABY CARROTS		
GRAIN	SUNCHIPS		WG PRETZELS	SAVORY WG CRACKERS	WG GOLDFISH
PROTEIN/EXTRA		STRING CHEESE			



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BREAKFAST:					
MILK	MILK	MILK	MILK	MILK	
FRUIT/VEGETABLE	MANDARIN ORANGES	STRAWBERRIES	PEARS	PEACHES	VB CLOSED
GRAIN/MEAT	WG CEREAL	WG OATMEAL	WG CROISSANT	WG CEREAL	
LUNCH:					
	SUNBUTTER & JELLY SANDWHICH	BAJA FISH TACO	CHEESY MAC	ENGLISH MUFFIN PIZZA	JUNETEENTH
MILK	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
FRUIT/VEGETABLE	PEACHES	MANGO	BANANA	HONEYDEW MELON	
VEGETABLE	DICED CARROTS	COLESLAW	PEAS	GREENBEANS	
GRAIN	WG BREAD	WG TORTILLA	WG ELBOW NOOLDES	WG ENGLISH MUFFIN	
MEAT/MEAT ALTERNATIVE	SUNBUTTER & JELLY SANDWHICH	FISH	MAC & CHEESE	CHEESE PIZZA	VB CLOSED
EXTRA					
VEGETARIAN OPTION	SUNBUTTER & JELLY SANDWHICH	VEGGIE PATTY	MAC & CHEESE	ENGLISH MUFFIN PIZZA	
SNACK:					
MILK	WATER	WATER	WATER	WATER	WATER
FRUIT			APPLESAUCE	BANANA	
VEGETABLE		CUMCUMBER			
GRAIN	WG GRANOLA	WG FLATBREAD	WG GRAHAM CRACKERS	SNACK 'N WAFFLES	VB CLOSED
PROTEIN/EXTRA	YOGURT	RANCH			



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BREAKFAST:					
MILK	VB CLOSED	MILK	MILK	MILK	MILK
FRUIT/VEGETABLE	APPLESAUCE	PEACHES	BANANA	ORANGES	PEARS
GRAIN/MEAT	WG MUFFIN	YOGURT	WG CEREAL	WG BAGEL	WG CEREAL
		WG GRANOLA		CREAM CHEESE	
LUNCH:					
	TURKEY CHEESE PITA	CHICKEN FRIES	HAWAIIAN MEATBALLS	PASTA SALAD	CORN DOGS
MILK	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
FRUIT/VEGETABLE	ORANGES	CANTALOUPE	PINEAPPLE	APPLESLICES	BLUEBERRIES
VEGETABLE	GREEN BEANS	CORN	BROCCOLI	MIXED VEGGIES	TATOR TOTS
GRAIN			WG BROWN RICE	WG NODDLES	
MEAT/MEAT ALTERNATIVE	TURKEY & CHEESE PITA	CHICKEN FRIES	CHICKEN DRUMMIES	PASTA SALAD	CORN DOGS
EXTRA					
VEGETARIAN OPTION	CHEESE PITA POCKET	VEG. NUGGETS	VEG. MEATBALLS	PASTA SALAD	VEG. PATTY
SNACK:					
MILK		WATER	WATER	WATER	WATER
FRUIT	MANGO			HONEYDEW MELON	
VEGETABLE					
GRAIN	WG ANIMAL CRACKERS	WG RICE CAKES	WG SAVORY CRACKERS	WG VEGGIE STRAWS	WG TORTILLA CHIPS
PROTEIN/EXTRA		SUNBUTTER	STRING CHEESE		CHEESE SAUCE



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BREAKFAST:					
MILK	MILK	MILK	MILK	MILK	VB CLOSED
FRUIT/VEGETABLE	PEACHES	BANANA	HONEYDEW	BLUEBERRIES	
GRAIN/MEAT	WG CEREAL	WG ENGLISH MUFFIN	WG CEREAL	WG WAFFLE	
EXTRA	CREAM CHEESE				
LUNCH:					
	BREAKFAST FOR LUNCH	BBQ SLIDERS	SPAGHETTI	LUAU BURGER	VB CLOSED 4th of July
MILK	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
FRUIT/VEGETABLE	FRUIT COCKTAIL	ORANGES	STRAWBERRIES	PINEAPPLE	
VEGETABLE	TATOR TOTS	COLESLAW	CORN	BROCCOLI	
GRAIN	WG PANCAKES	WG ROLLS	WG NOODLES	WG HAWAIIAN	
MEAT/MEAT ALTERNATIVE	TURKEY SAUSAGE	CHICKEN	SPAGHETTI	TURKEY BURGER	
EXTRA					
VEGETARIAN OPTION	VEG. BREAKFAST PATTY	VEG. NUGGETS	SPAGHETTI	VEG. PATTY	
SNACK:					
MILK	WATER	WATER	WATER	WATER	VB CLOSED
FRUIT	APPLESAUCE		BANANA		
VEGETABLE		CUCUMBER SLICES			
GRAIN	WG GOLDFISH	WG GRAHAM CRACKERS	WG PRETZELS	WG PITA BREAD	
PROTEIN/EXTRA		YOGURT		HUMMUS	